

PESTA SUKAN 2023

COMPETITION RULES & REGULATION – STADIUM RUN

1. Rules

1.1 Governed by the Pesta Sukan 2023 General Rules and Regulations.

2. Eligibility & Registration

S/No	Individual Category	Clarification	No. of Round
1	Active Dash	<ul style="list-style-type: none">5 – 9 years old, calculate by birth year only	1
2	Active Mile	<ul style="list-style-type: none">10 – 12 years old, calculate by birth year only	2
3	Active IPPT	<ul style="list-style-type: none">13 – 16 years old, calculate by birth year only	3
4	Active Open	<ul style="list-style-type: none">17 years old and above, calculate by birth year only	5
5	Active Masters	<ul style="list-style-type: none">35 years old and above calculate by birth year only	4
6	Active Para	<ul style="list-style-type: none">9 years old and above calculate by birth year only	1
S/No	Team Category	Clarification	No. of Round
1	Community Challenge	<ul style="list-style-type: none">17 years old and above, calculate by birth year only	9

Permanent resident and foreigner are welcome to participate with a condition of he/she have a residential address here.

3. Event Venue & Schedule

Date	Time	Competition Stage
Sat, 5 Aug	8.00am to 12.00pm 1.00pm to 8.00pm	100 Plus Promenade, Singapore Sports Hub

Note: all above may change once the entries are finalised

S/No	Individual Category	Clarification	No. of Round
1	Active Dash	<ul style="list-style-type: none"> 5 – 9 years old, calculate by birth year only 	1
2	Active Mile	<ul style="list-style-type: none"> 10 – 12 years old, calculate by birth year only 	2
3	Active IPPT	<ul style="list-style-type: none"> 13 – 16 years old, calculate by birth year only 	3
4	Active Open	<ul style="list-style-type: none"> 17 years old and above, calculate by birth year only 	5
5	Active Masters	<ul style="list-style-type: none"> 35 years old and above calculate by birth year only 	4
6	Active Para	<ul style="list-style-type: none"> 9 years old and above calculate by birth year only 	1
S/No	Team Category	Clarification	No. of Round
1	Community Challenge	<ul style="list-style-type: none"> 17 years old and above, calculate by birth year only 	9

4. Participants

The Stadium Run has 6 individual and 1 team event. On the event date, participants are to collect their bibs on-site and start their run anytime from 8am to 12pm or from 1pm to 8pm (running period). There will not be any flag-off for this run.

5. Competition Format

- 5.1 The tentative race distance for all the categories is stated above
- 5.2 A runner can only register for one individual and the team category.
- 5.3 Participants can collect a RFID Tag and start their run; they are required to run over mats or a detection system so that their timing is automatically recorded
- 5.4 Each category will have a Gold, Silver and Bronze time, please refer to the time below:

Female

S/No	Category	Gold	Silver	Bronze
1	Active Dash	<4:40	4:41 – 5:40	5:41 – 6:40
2	Active Mile	<8:40	8:41 – 9:40	9:41 – 10:40
3	Active IPPT	<12:30	12:31 – 13:40	13:41 – 14:40
4	Active Masters	<17:30	17:31 – 18:40	18:41 – 19:40
5	Active Open	<18:30	18:31 – 19:40	19:41 – 20:40

Male

S/No	Category	Gold	Silver	Bronze
1	Active Dash	<3:40	3:41 – 4:40	4:41 – 6:40
2	Active Mile	<7:40	7:41 – 8:40	8:41 – 9:40
3	Active IPPT	<10:30	10:31 – 11:40	11:41 – 12:40
4	Active Masters	<15:30	15:31 – 16:40	16:41 – 17:40
5	Active Open	<17:30	17:31 – 18:40	18:41 – 19:40

- 5.5 Each participant will have to ensure they complete their respective run by 8pm of the event day, participant who did not finish within the cut-off time will be consider as “DNF - Do Not Finish”.
- 5.6 All runs and number of rounds must be completed continuously in one attempt.

- 5.7 Each team shall comprise 8 members and only 4 finishers will count for team placing.
- 5.8 The team must comprise 4 male and 4 female participants. The composition of the team must include 2 males each from the Active Open and Active Masters category. Similarly for the female participants, 2 each must come from the Active Open and Masters category.
- 5.9 Team placing will be determined by the accumulative score of the best 4 timings of runners from the 4 categories who successfully finish the race.

6. Prizes

- 6.1 All runners will get an event tee for participating, finisher with Gold, silver and bronze timing will get another souvenir.
- 6.2 All para runners will get an event tee for participating, finisher will get a souvenir.
- 6.3 Event tee sizes and souvenir for Gold, silver and bronze will be given on the first come-first-serve basis. Once size and souvenir provided is finish for a particular category, you can choose the next available option.

7. Disqualification

- 7.1 Participant who did not run the required number of rounds of his/her category will be disqualified.

8. Equipment and Attire

- 8.1 All participants will be given a bib number which they must display clearly on the front of their vests.

9. Reporting

- 9.1 The participants will be required to verify their identity before they can collect their bibs and proceed to the start line to run.
- 9.2 There will be no bag deposit area and runners are advice to travel/run light

11 Dispute

- 11.1 In the event of any dispute arising over any participant, the run shall be played under protest and the Organisers shall determine the matter on receipt of the protest.

12 Competition Jurisdiction

- 12.1 The Organisers reserve the right to interpret or amend the rules and regulations of this Stadium Run at any time. Notifications of such changes will be posted on the games website. All participants are advised to visit the games website for any notices or updates.
- 12.2 While reasonable precautions will be taken, the Organisers, their servants and agents will not be responsible or in any way liable for any death, disability, personal injury, loss of property or any other loss howsoever arising from any cause whatsoever at any time during the course of this event.