

**GETACTIVE! SINGAPORE**  
**PESTA SUKAN 2024**  
**INDOOR VOLLEYBALL**

**1. OFFICIAL TITLE OF CHAMPIONSHIP**

1.1. The official title of the competition is **GetActive Singapore Pesta Sukan 2024: Indoor Volleyball**

**2. ORGANISER**

2.1. The competition is organised by Sport Singapore and Volleyball Association of Singapore.

**3. EVENT REGULATIONS**

3.1. This tournament is sanctioned by the Volleyball Association of Singapore.

3.2. All matches will be governed by the Volleyball Association of Singapore; and they must be played in accordance with the tournament regulations (see paragraph 8).

**4. DATE & VENUE**

4.1 Dates and Venue:

<b>Category</b>	<b>Dates</b>	<b>Venue</b>
Youth	20 <sup>th</sup> , 21 <sup>st</sup> , 27 <sup>th</sup> , 28 <sup>th</sup> , July 2024	ActiveSG Jurong West Sports Hall
Open, Masters, Corporate	20 <sup>th</sup> July – 4 <sup>th</sup> August 2024	ActiveSG Jurong West Sports Hall

4.2. General Technical Meeting (GTM) will be held at **Singapore Sports Museum (6 Stadium Walk Singapore 397698)**, on **9<sup>th</sup> July 2024 (Tuesday) at 7.00pm (Youth Category) and 8.00pm (all other categories)**.

4.2.1. **All teams are STRONGLY ENCOURAGED to check with the organisers BEFORE the purchase or printing of any uniforms. The organisers will not be held responsible for any costs should the uniforms be rejected at the General Technical Meeting.**

4.2.2. For Youth Category, players list form and photocopied students' passes are to be submitted on **9<sup>th</sup> July 2024** during the GTM.

## 5. CATEGORY & ELIGIBILITY OF PLAYERS

### 5.1. 19 years & Under – Boys & Girls

5.1.1. Those born in/ after the year of 2005.

### 5.2. Men's Open

### 5.3. Women's Open

### 5.4. Men's Masters

5.4.1. 35 years and above, those born in/ before the year of 1989

5.4.2. 45 years and above, those born in/ before the year of 1979

### 5.5. Women's Masters

5.5.1. 30 years and above, those born in/ before the year of 1994

### 5.6. Corporate Category (mixed)

5.6.1. At **least 70%** of the team must consist of full time and/or contract staff of the same organisation (private, public and non-profit organisations).

5.6.2. A team must consist of at least two (2) ladies, and one (1) lady must be in match at all times.

5.7. For all categories, teams must consist of minimally 70% Singapore Citizens and/ or Singapore Permanent Resident.

5.8. Teams may register foreign players (non-Singapore Citizen or non-permanent resident) as per below:

Total number of Registered Players	Max. number of Foreign Players
9 & 10	2
11 & 12	3
13 & 14	4

5.8.1 All foreign players will have to have a **permanent residential address** in Singapore. It is also mandatory for them to possess a Work Permit / Employment Pass / Dependent Pass or Student Pass or any other appropriate documentation that allows them to reside and work long term in Singapore. Visitor Pass will not be considered.

5.9. Each team may only register a minimum of 9 players and up to a maximum of 14 players (12 players + 2 Liberos).

5.10. Any one player is allowed to represent only one team in the same category during this competition.

5.11. All youth players are to provide a copy of their student's pass for proof of eligibility.

## 6. REGISTRATION FEES & CLOSING DATE

### 6.1

Category	Registration Fee
Youth	\$90.00/team
Open, Masters, Corporate	\$135.00/team

6.2. Registration closing date: 30<sup>th</sup> June 2024

## 7. COACHES AND ASSISTANT COACHES

7.1. All teachers-in-charge, team managers, Head coaches and Assistant coaches must be properly attired (strictly no slippers and sandals).

### 7.2. Youth Category:

7.2.1. Each team may consist of one Head Coach, two Assistant Coaches, two Teacher-in-charge and one Team Manager.

7.2.2. A team without the accompaniment of any team official at the commencement of a match will not be allowed to play.

7.2.3. Coaches accompanying teams must be qualified and recognised by the school. The teacher-in-charge can sit on the bench if he or she is registered on the Team Registration Form but is not allowed to make calls such as time-out and substitution. Should there be a need for the teacher-in-charge to make a call, he or she can signal to the game captain, and the game captain can then inform the referee(s).

7.2.4. While Head Coaches, Assistant Coaches and Team Managers are allowed to sit on the bench during match play, only Head Coaches are allowed to make calls. In the absence of the Head Coaches, Assistant Coaches will be allowed to make the call.

7.2.5. Assisting personnel of teams who are not registered on the Teams Registration Form cannot be seated on or be at the bench area during the matches, even during time-outs.

### 7.3. Open, Masters, Corporate Categories

7.3.1. In the event both the coach and assistant coach are absent on the day of the match, only the **game captain** can make official calls for the team.

7.3.2. Coaches or assistant coaches who are late will **not** be allowed to sit on the bench for the ongoing set. He will be allowed to do so for the next set.

7.3.3. Coaches who are also players are not allowed to make official calls for the team unless they are the game captain.

## 8. TOURNAMENT REGULATIONS

- 8.1. Besides the existing regulations, this championship will also abide by the rules and regulations of FIVB RULES OF THE GAME Official Volleyball Rules 2021-2024, **inclusive of the rule of 2-Liberos** and Net Touch Rule.
- 8.2. Should any controversies or incidents occur beyond the scope of the specified rules and regulations, the Tournament Committee will be responsible for settling the dispute. Any decisions made by the Tournament Committee are final.
- 8.3. Matches will have a 10-minute general warm up use of the net and court. **Match times are as indicated but do note that other than first game of the day, the following fixtures for the remaining matches are indicative only and all matches will follow on from the conclusion of the previous match.**

## 9. TOURNAMENT FORMAT

- 9.1. Grouping followed by Knock-out Rounds.
- 9.2. Final Tournament Format will be dependent upon the total number of participating Teams
- 9.3. All matches will be played to the best of 3 sets to 25 points, each set to a minimum lead of 2 points.
- 9.4. **Official Competition Ball:** Mikasa V200W
- 9.5. **Height of Net**

Category	U19 Boys	U19 Girls	Men's Open	Women's Open	Men's Masters	Women's Masters	Corporate Mixed
Height (cm)	243	224	243	224	238	220	243

### 9.6. Ball Retrieval System

- 9.6.1. The "3-ball system" of ball retrieval will be used for all games in this competition.
- 9.6.2. For every game played, each team shall provide 1 player to assist in ball retrieval *and 1 player to assist in the mopping* as deemed fit by the Organising Committee.

## 10. RANKING OF TEAMS

- 10.1. In order to establish the ranking of teams after the Preliminary Round, the following criteria should be implemented for all tournaments:
  - 10.1.1. The ranking of teams is determined by the number of victories (match won, match lost) among teams of the same pool or group.



- 10.1.2. In the case of equal number of victories, if two or more teams have the same number of victories, they will be classified in descending order by the points gained by each team per match as follows:

Best of 3 sets	Points awarded
Win 2-0	3
Win 2-1	2
Lost 1-2	1
Lost 0-2	0
Match forfeited	0

- 10.1.3. Set quotient  
In the case of equality in the number of matches won by two or several teams, they will be classified in descending order by the quotient resulting from the division of the number of all sets won by the number of all sets lost.
- 10.1.4. Points quotient  
If the tie persists as per the set quotient (9.1.3.) the teams will be classified in descending order by the quotient resulting from the division of all points scored by the total of points lost during all sets.
- 10.1.5. If the tie continues as per the point quotient (9.1.4.) between two teams the priority will be given to the team which won the last match between them. When the tie in point quotient is between three or more teams, a new classification of these teams will be made taking into consideration only the matches involving the teams in question.

## 11. POSTPONEMENT

- 11.1. The Organising Committee or his representative shall, at his/ her discretion, decide to postpone a match if he/ she thinks the venue is unfit for play, or for any other valid reasons for which he/ she deems a postponement is in order. Teams must abide by the decision of the Committee or his representative.

## 12. WALKOVER

- 12.1. The team concerned must report **10 minutes** before the scheduled match with at least 8 players, otherwise the team is regarded to have withdrawn and thus declared as 'lost completely'.
- 12.2. The team, which is declared lost completely, will NOT be allowed to participate in the matches that follow.

## 13. SUSPENSION

- 13.1. Any players that have been expelled from the court during the match on grounds of misconduct shall be automatically suspended from playing the following match.
- 13.2. The Disciplinary Committee will decide on what action should be taken.

#### 14. PROTEST

- 14.1. The team that wishes to protest while the match is in progress must inform the officiating referee verbally. Thereafter, the match will proceed as 'PLAY UNDER PROTEST'. **Only the Captain of the team is allowed to make the protest.**
- 14.2. A team that wishes to make a protest at the conclusion of the match should orally inform the officiating referee. While signing the score sheet, the team captain must write: "Wish to protest" and sign so that the protest will be made effective.
- 14.3. The team that wishes to make the protest is required to write a protest letter to the Chairman of the Tournament Committee within 24 hours after the match. All protests should be forwarded with a deposit of **S\$100.00** cash. In the event that the protest is rejected, the deposit will be forfeited.
- 14.4. The decision/s of the Tournament Committee is/ are final.

#### 15. DUTY JURY

- 15.1. A duty jury will be appointed by the Tournament Committee for each day of competition.
- 15.2. During the game, if there should be any disagreements or disputes, the duty jury will be responsible for settling such incidents.
- 15.3. Teams that are dissatisfied with the decision/s can protest as stated in paragraph 14.
- 15.4. The duty jury is also responsible for checking the eligibility of players as well as Coaches and assistant coaches and other personnel seated on the bench.

#### 16. AWARDS

- 16.1. Prizes will be awarded to the top 3 teams in this championship.
- 16.2. All prize winners of each category must be present at the closing ceremony to receive the awards with proper attire (especially no slippers and sandals). Otherwise, the prizes will not be awarded to the teams concerned.

#### 17. ATTIRE

- 17.1. Playing attire must be uniform, and of the same colour for each team (except for the Libero).
- 17.2. The Libero player(s) must wear a uniform which has a different dominant colour from the rest of the team. The uniform must clearly contrast with the rest of the team.
- 17.3. The Libero uniforms must be numbered like the rest of the team.
- 17.4. Players' jersey must be numbered from **1 to 99** inclusive and must be clearly visible. Entire number must clearly contrast with the jersey and be centred on the chest and upper back of the jersey below the team name. Chest is from the neck to the

sternum, not the stomach. The main goal is to see the number at a glance, placement and size are factors.

- 17.5 The number must be of a contrasting **prominent 1-colour print** to the jersey and a minimum of **15 cm** height on the front and **20cm** on the back below the team name. The stripe forming the numbers must be a minimum of **2cm** in width.
- 17.6 Certain combinations of colours do not meet any standard of contrast. Some are, but not limited to, black/navy; red/maroon/burgundy; black/dark green; white/light yellow; navy/maroon. Such combinations must be avoided. One way to get a better idea of contrast is to take a photo of both jerseys and convert it to monochrome (gray scale). If it is difficult to determine which is which, this combination should be avoided.
- 17.7 **The team name must be clearly printed at the top back of the jersey.**
- 17.8 In case of any sponsorship for the team, the sponsor's name must not replace the team name at the back of the jersey.
- 17.9 The team captain must have on his/her jersey a stripe of 8x2cm underlining the number on the chest.

## 18. NOTES

- 18.1. The Tournament Committee holds the right to decide on any issues that may arise that are not stated in the General Regulations.
- 18.2. The Tournament Committee has the right to alter the scheduled time and dates of the tournament if necessary. Participating teams will be informed of the changes as soon as possible.
- 18.3. **It is the responsibility of participating teams to read through the Rules and Regulations thoroughly.**
- 18.4. **It is the responsibility of participating teams' players, Teachers-in-charge, Team Managers, Head Coaches, Assistant Coaches, to take note of fixtures after the preliminary rounds to avoid unnecessary walkovers.**
- 18.5. All decisions made by the Tournament Committee are final.