

**PESTA SUKAN 2024**  
**COMPETITION RULES & REGULATION – SWIMMING**

Venue: OCBC Aquatic Centre  
Date: 26<sup>th</sup> to 28<sup>th</sup> July & 2<sup>nd</sup> August 2024

**1. Rules**

- 1.1 Guided by the Rules and Regulations as directed by the Singapore Swimming Association (SAQ) and in accordance with the Rules and By-laws of World Aquatics (AQUA) and World Para Swimming (WPS) Swimming Rules and Regulations, where applicable.
- 1.2 Governed by General Rules and Regulations.
- 1.3 Performance times achieved in the Competition can be used as Qualifying Entry Times for SAQ Long Course Competitions in 2025 e.g. SNAG 2025 & SNSC (LC) 2025.

**2. Pesta Sukan 2024 Age Categories & Eligibility**

- 2.1 Age is computed as of 31-Dec-2024

S/No	Age Group	Clarification
1	Youth 7 Yrs to 8 Yrs	Born between 2016 to 2017
2	Youth 9 Yrs to 10 Yrs	Born between 2014 to 2015
3	Youth 11 Yrs to 12 Yrs	Born between 2012 to 2013
4	Youth 13 Yrs to 14 Yrs	Born between 2010 to 2011
5	Youth 15 Yrs to 17 Yrs	Born between 2007 to 2009
6	Adult 18 Yrs to 29 Yrs	Born between 1995 to 2006
7	Masters 30 Yrs to 39 Yrs	Born between 1985 to 1994
8	Masters 40 Yrs to 49 Yrs	Born between 1975 to 1984
9	Masters 50 Yrs & Over	Born in 1974 or earlier
10	Para 7 Yrs to 12 Yrs Old	Born 2017 to 2012
11	Para 13 Yrs and Over	Born in 2011 or earlier

- 2.2 The Swim Teams can be from:
  - 2.2.1 Community Sports Clubs
  - 2.2.2 Swimming Clubs affiliated to SAQ
  - 2.2.3 Primary or Secondary School Swim Teams
  - 2.2.4 Swimming Teams from ITE, Polytechnics and Universities
  - 2.3.5 Swimming Schools run by swimming instructors
  - 2.3.6 Group of swimmers forming their own Swim Teams
- 2.3 Singapore Citizen, Permanent Residents and Foreigners residing in Singapore are eligible to participate.

**3 Pesta Sukan 2024 Registration**

All Participants are required to make the payment for the entry fee individually at the links below **by 12 July 2024**. Registration with ActiveSG membership is mandatory to complete the payment transaction

**Swimming:** <https://www.activesgcircle.gov.sg/getactive-singapore/pesta-sukan/sport/swimming>

**Para Swimming:** <https://www.activesgcircle.gov.sg/getactive-singapore/para-sport/swimming>

### 3.1 Registration Procedure for Non - SAQ Affiliates or “Unattached” swimmers

For swimmers from Non - SAQ Affiliates or “Unattached” swimmers, they can register and make payment via the portal link below by 12 July 2024:

Swimming: <https://www.activesgcircle.gov.sg/getactive-singapore/pesta-sukan/sport/swimming>

Para Swimming: <https://www.activesgcircle.gov.sg/getactive-singapore/para-sport/swimming>

### 3.2 Registration Procedure for Participants from SAQ Affiliates

Participants from SAQ Affiliates must register with their swim club / school (SAQ Affiliates) using Hy-tek Team Manager Software. Submission of Hytek Team Manager Entries to [swim.entries@sqaquatics.org.sg](mailto:swim.entries@sqaquatics.org.sg) by **Friday, 5th<sup>th</sup> July 2024, 12.00pm.**

**Payment is then to be made via the portal link below by 12 July 2024:**

Swimming: <https://www.activesgcircle.gov.sg/getactive-singapore/pesta-sukan/sport/swimming>

Para Swimming: <https://www.activesgcircle.gov.sg/getactive-singapore/para-sport/swimming>

3.2.1 Each Affiliate / School is allowed to enter **more than one relay team** (4x50m free & 4x50m Medley) based on the age groups indicated in 3.1.5 and submission of relay entries to SAQ via Hytek Software.

### 3.3

S/No	Relay Age Group Categories	Remarks
1	Youth 7 – 8 Yrs Old	
2	Youth 9 – 10 Yrs Old	
3	Youth 11 – 12 Yrs Old	
4	Youth 13 – 14 Yrs Old	
5	Youth 15 Yrs to 17 Yrs	
6	Adult 18 Yrs to 29 Yrs	
Age groups of Masters relay events are as follows:		
7	Masters 120-159 years	Masters Relays to be conducted on the total age of team members in whole years. Minimum Age of youngest swimmer in masters relay is 25 years old
8	Masters 160-199 years	
9	Masters 200 – 239 years	

3.4 Swimmers may “swim up” in older age group categories for relay events (for all youth + adult categories)

3.5 For Adult 18 Yrs to 29 Yrs relay categories, swimmer above 29 years old may “swim down” to compete in the adult category if the total age of relay team members do not add up to 120 years (minimum age of masters relays)

3.6 Swimmers who do not register for individuals but wish to swim only in the relay events may do so but will need to make a payment of \$20 for each team relay entry.

3.7 Non-SAQ Affiliates must send in their relay entries to swim.entries@sqaquatics.org.sg by Friday, 5th July 2024, 12.00pm.

#### 4. Pesta Sukan 2024 Events & Schedule

##### 4.1 Events Programme:

Events	Youth					Adults	Masters		
	7-8yrs	9 - 10 yrs	11 - 12yrs	13 - 14 yrs	15 - 17 yrs	18 - 29 yrs	30-39 yrs	40 - 49 yrs	50 yrs & Over
50m Freestyle	✓	✓	✓	✓	✓	✓	✓	✓	✓
100m Freestyle	✓	✓	✓	✓	✓	✓	✓	✓	✓
200m Freestyle	NA	✓	✓	✓	✓	✓	✓	✓	✓
50m Breaststroke	✓	✓	✓	✓	✓	✓	✓	✓	✓
100m Breaststroke	✓	✓	✓	✓	✓	✓	✓	✓	✓
50m Backstroke	✓	✓	✓	✓	✓	✓	✓	✓	✓
100m Backstroke	✓	✓	✓	✓	✓	✓	✓	✓	✓
50m Butterfly	✓	✓	✓	✓	✓	✓	✓	✓	✓
100m Butterfly	✓	✓	✓	✓	✓	✓	✓	✓	✓
200m Individual Medley	NA	✓	✓	✓	✓	✓	✓	✓	✓
4 x 50m Freestyle Relay	✓	✓	✓	✓	✓	✓	✓	✓	✓
4 x 50m Medley Relay	✓	✓	✓	✓	✓	✓	✓	✓	✓

Para Events					
Events	7 to 12 years old	13 years and over	Events	7 to 12 years old	13 years and over
50m Freestyle	✓	✓	100m Freestyle	✓	✓
50m Breaststroke	✓	✓	100m Breaststroke	✓	✓
50m Backstroke	✓	✓	100m Backstroke	✓	✓
50m Butterfly	✓	✓	100m Butterfly	✓	✓
			200m Freestyle	✓	✓



## 4.2 Event Schedules at Pesta Sukan Swimming 2024

26 <sup>th</sup> July , Friday, 4.00pm		27 <sup>th</sup> July, Saturday, 9.00am		28 <sup>th</sup> July, Sunday, 9.00am	
100m Backstroke	7 - 12 years old (Boys + Girls)	100m Breaststroke	7 - 12 years old (Boys + Girls)	50m Backstroke	7 - 12 years old (Boys)
100m Butterfly	7 - 12 years old (Boys + Girls)	100m Freestyle	7 - 12 years old (Boys + Girls)	50m Breaststroke	7 - 12 years old (Boys + Girls)
50m Freestyle	7 - 12 years old (Boys + Girls)	50m Backstroke	7 - 12 years old (Girls)	200m Freestyle	9 - 12 years old (Boys + Girls)
100m Butterfly	13 years and over (Men + Women)	4 x 50m Medley Relay	7 - 12 years old (Boys + Girls)	4 x 50m Free Relay	7 - 12 years old (Boys + Girls)
100m Butterfly	Para Event – 7 to 12 years old (Boys + Girls) 13 years and over (Men + Women)				
200m Individual Medley	13 years and over (Men + Women)	27 <sup>th</sup> July, Saturday, 2.30pm		28 <sup>th</sup> July, Sunday, 2.30pm	
		50m Backstroke	13 years and over (Men + Women)	100m Breaststroke	13 years and over (Men + Women)
		50m Butterfly	Para Event – 7 to 12 years old (Boys + Girls) 13 years and over (Men + Women)	100m Breaststroke	Para Event – 7 to 12 years old (Boys + Girls) 13 years and over (Men + Women)
		50m Freestyle	13 years and over (Men)	50m Butterfly	13 years and over (Men + Women)
		50m Freestyle	Para Event – 7 to 12 years old (Boys + Girls) 13 years and over (Men + Women)	50m Backstroke	Para Event – 7 to 12 years old (Boys + Girls) 13 years and over (Men + Women)
		50m Breaststroke	13 years and over (Men + Women)	100m Freestyle	13 years and over (Women)
		50m Breaststroke	Para Event – 7 to 12 years old (Boys + Girls) 13 years and over (Men + Women)	200m Freestyle	13 years and over (Men)
		200m Freestyle	13 years and over (Women)	100m Freestyle	Para Event – 7 to 12 years old (Boys + Girls) 13 years and over (Men + Women)
		200m Freestyle	Para Event – 7 to 12 years old (Boys + Girls) 13 years and over (Men + Women)	4 x 50m Medley Relay	13 years and over (Men + Women)
		4 x 50m Free Relay	13 years and over (Men + Women)		

2 <sup>nd</sup> August, Friday, 4.00pm	
50m Butterfly	7 - 12 years old (Boys + Girls)
200m Individual Medley	9 - 12 years old (Boys + Girls)
50m Freestyle	13 years and over (Women)
100m Backstroke	13 years and over (Men + Women)
100m Backstroke	Para Event – 7 to 12 years old (Boys + Girls) 13 years and over (Men + Women)
100m Freestyle	13 years and over (Men)

## 5. Competition Format

5.1 The Pesta Sukan Swimming will be run in a timed finals format in 10 Lanes Pool setup from fastest to slowest

5.2 Competitors (regardless of age) shall be placed in graduated time order, fastest to slowest in 10-lane pool based on the following age groups:

Seeding Order for the respective events		
Youth	7 to 12 yrs old	<b>Fastest to Slowest in the respective age-groups</b>
Youth	13 to 17 yrs old	
Adults & Masters	18 years and over	

## 6. An Inclusive Pesta Sukan 2024

6.1.1 Pesta Sukan 2024 Swimming Competition will include Para Swimmers participation in: Pesta Sukan 2024 Events (50 and 100m for all 4 strokes)

6.1.2 Para Swimmers will follow WPS Sports Classes:

- S1 – S10 = Physical Impairments
- S11 – S13 = Visual Impairments
- S14 = Intellectual Impairments
- S15 = Hearing Impairments
- S18 = Significant Other Impairment / Down Syndrome
- S19 = High Functioning Autism

6.2 Para Swimmers will have their own ranking results and medals based on Multi-Class Point System. The Australian Point System will be used.

6.3 Para Swimmers will swim in their special Para Events

## 7. Entries & Fees

7.1 The closing date for making payment via registration portal is **Friday 12<sup>th</sup> July 2024**

7.2 Entry Fees for Individual Events:

- Youth: \$15.00 per swimmer
- Adults & Masters: \$20.00 per swimmer
- Para Swimmers: \$10.00 per swimmer
- Participants are allowed to take part up to Maximum of Five (5) Individual Events in his/her Age Category

7.3 Relay Entries:

- Each club / team / SAQ affiliate can submit more than 1 relay team in the respective relay categories (3.1.5) using Hy-tek Team Manager Software. Submission of Hytek Team Manager Entries to [swim.entries@sqaquatics.org.sg](mailto:swim.entries@sqaquatics.org.sg)
- Members of public (unattached swimmers who registered with individual events in Pesta Sukan Swimming) can form up their own relay teams and email in the details of the 4 relay swimmers to [swim.entries@sqaquatics.org.sg](mailto:swim.entries@sqaquatics.org.sg).
- Non-SAQ Affiliates/Members of public must send in their relay entries to [swim.entries@sqaquatics.org.sg](mailto:swim.entries@sqaquatics.org.sg) by **Friday, 5th July 2024, 12.00pm**
- Individual swimmers who do not register for individual events but wish to swim only in the relay events may do so but will need to make a payment of \$20 for each team relay per event.
- There will be no additional Entry Fee for Relay Events if all relay team swimmers have an individual event each.

## 8 Viability of Events

8.1 Individual Events:

- 8.1.1 For an event to be viable there must be a minimum of **4 Registered Swimmers**. However, if there are only 3 or 2 Registered Swimmers, the event will proceed with a minus one rule for the award of medals.

## 9. Awarding of Medals

9.1 If there is a tie in any of the top 3 positions, the medals will be awarded, in accordance with AQUA General Rule GR 9.7.2.1 and GR 9.7.2.2 as follows:

9.1.1 In the case of two (2) equal times:

- For 1<sup>st</sup> position: 2 Golds, no Silver, 1 Bronze
- For 2<sup>nd</sup> position: 1 Gold, 2 Silvers, no Bronze
- For 3<sup>rd</sup> position: 1 Gold, 1 Silver, 2 Bronzes

9.1.2 In the case of three (3) equal times:

- For 1<sup>st</sup> position: 3 Golds, no Silver, 1 Bronze
- For 2<sup>nd</sup> position: 1 Gold, 3 Silvers, no Bronze
- For 3<sup>rd</sup> position: 1 Gold, 1 Silver, 3 Bronzes

9.2 **Prize Money** will be awarded after the entire competition concludes and will be awarded only to the best individual performer of each of the following individual age categories from each gender:

S/No	Age Group	Clarification
1.	Adult 18 Yrs to 29 Yrs	Born between 1995 to 2006
2.	Masters 30 Yrs to 39 Yrs	Born between 1985 to 1994
3.	Masters 40 Yrs to 49 Yrs	Born between 1975 to 1984
4.	Masters 50 Yrs & Over	Born in 1974 or earlier
5.	Para 18 years and over	Born in 2006 or earlier

9.2.1 GetActive Pesta Sukan will award the Best Individual Performer to the best swimmer in each respective age group with the total number of points from a maximum of 5 Individual Events.

9.2.2 In the case of a tie, World Aquatics Points will be used to decide the overall winner based on the total points accumulated.

9.2.3

Position	Points awarded in individual events:
Places 1-10	20-17-16-15-14-13-12-11-9-7

9.2.4 GetActive Pesta Sukan will award the Best Individual Performer to the best para swimmer 18 years and over, with the total number of points (deriving from the Australian Multi Class Point System) from a maximum of 5 Individual Events.

The Multi Class Point Score (MCPS) provides a simplified way for swimmers and coaches to measure and compare performances for swimmers with an eligible classification.

## 10. DNS and Withdrawals for Pesta Sukan Swimming 2024

10.1 During competition, any swimmer who fails to report for the event will be considered as Did Not Show (DNS). A swimmer, having entered the venue, is also considered as DNS if he/she fails to be at the Starting Block.



## 11. Swimwear

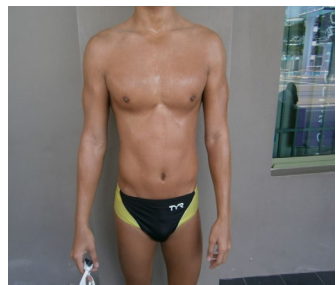
11.1 The Championship will be conducted in accordance to AQUA's Rules:

- BL 8.2: In swimming competitions, the competitor must wear only one swimsuit in one or two pieces. No additional items, like arm bands or leg bands shall be regarded as part of a swimsuit.
- BL 8.3: From January 1, 2010 swimwear for men shall not extend above the navel nor below the knee, and for women, shall not cover the neck, extend past the shoulder, nor extend below the knee. All swimsuits shall be made from textile materials.



**Male**

**Female**



## 12. Disqualification

- 12.1 The Competition will use the One Start Rule. Any swimmer who starts before the starting signal shall be disqualified. If the race has started before the disqualification is declared, the race shall continue, and the swimmer(s) shall be disqualified upon completion of the race.

### 13. Protest

13.1 Protests are possible:

- a. if the rules and regulations for the conduct of the competition are not observed,
- b. if other conditions endanger the competitions and/or competitors, or
- c. against decisions of the referee; however, no protest shall be allowed against decisions of fact.

13.2 All protests shall be considered by the Meet Referee.

13.3 If conditions causing a potential protest are noted prior to the competition, a protest must be lodged before the signal to start the race is given.

13.4 Protests must be submitted in accordance with the following:

- a. In writing, with the supporting facts
  - b. With a deposit of **S\$100.00** enclosed
  - c. Submitted to the Meet Referee by Affiliate Team Leader. No proxies will be entertained
  - d. Submitted within thirty (30) minutes following the conclusion of the respective event
- 13.5 If the Meet Referee rejects the protest, he/she must state the reasons for his decision. The Team Leader may then appeal the rejection to the Jury of Appeal, whose decision shall be final.

13.6 If the protest is not upheld, the deposit shall be forfeited

13.7 The Organiser's decision to any protest shall be final.

### 14 Rules & Regulations

14.1 The Rules and Regulations as depicted above are current at the time of printing or posting on Pesta Sukan 2024 website. The Organiser reserves the right to add, delete and/or vary the said rules and regulations at any time as it deems fit.

14.2 Any amendments to the Rules & Regulations will be posted on Pesta Sukan 2024 website.

**15. Team Leaders Meeting / Briefing**

15.1 Team Leaders Meeting / Briefing will be conducted online via Zoom on 23<sup>rd</sup> July, 2024 11.00am. Zoom meeting link will be provided on a later date.

15.2 Swim Coaches who wish to apply for an accreditation pass to be on deck during Pesta Sukan must be an NROC Member.  
Clubs / Schools are required to send in the names of their coaches and team managers (min age of 18 years old based on DOB) with their entry files to secure a pass.

**16. Others (for Members of SAQ Affiliates)**

For participants who registered for the Pesta Sukan Competition as the members of SAQ Affiliates, the performance times achieved at the Pesta Sukan can be used for consideration to qualify for future local / national meets and will be uploaded onto the SAQ sanctioned database for ranking purposes. These participants must also pay the 2024 SAQ Annual Swimmer Registration Fee via the SAQ Affiliate by 31<sup>st</sup> August 2024

*Participants who competed at Pesta Sukan as unattached (or not as a member of any SAQ affiliates) will not have their results uploaded onto the SAQ sanctioned database.*