

1. General:

- This event is open to the members of public.
- Registration fee per participant is \$5, inclusive of pool entry fee. Each participant is able to take part in up to 2 events; 50m freestyle and 50m breaststroke.
- Registration fee for Mixed Team Relay will be \$5 per team.
- In the event of inclement weather or any bad weather that causes the cancellation of the meet, the registration fee will not be refunded.
- There shall be no restrictions to the number of event/s to participate.
- The Organizing Committee reserves the right to add, delete or change the Rules and Regulation at any time as it deemed fit.
- <u>Swim Events</u>

Event	Age Group		
50m Freestyle Boys & Girls	> $7-9$ years old > $10-12$ years old		
50m Breaststroke Boys & Girls	$\rightarrow 13 - 16 \text{ years old}$		
2 x 50m Mixed Team Relay (either freestyle or breastroke)	 Swimmer A: 16 years old & below Swimmer B: 17 years old & above 		

2. Rules and Regulations:

- This swimming meet shall be organized with NO FINA rules and 'One Start' rule shall apply where there shall be no false start.
- All participants must swim with a proper recognize swimming stroke according to their registered event (50m Freestyle and 50m Breaststroke).

3. Registration Eligibility

• Swimmers participating in 50m events must be competent to complete at least 50m of length in a standard 50m swimming pool.



4. Medals:

- Winner will be based on timed-final.
- Medals will be awarded to Champion, 1st Runner-up and 2nd Runner-up.

5. Closing dates for entries:

- Registration deadline: 13/06/2022, Monday, 11pm.
- Late submission will not be entertained.



Event List-By Event Number Event # Event Name Event # Event Name *Timing is subjected to changes

Flow*		Cat	Pax	Heat	
Registration	0845				
50m Freestyle	930	Boys	7-9 yrs old	8	1
50m Freestyle		Boys	7-9 yrs old	8	2
50m Freestyle		Boys	7-9 yrs old	8	3
50m Freestyle	945	Girls	7-9 yrs old	8	4
50m Freestyle		Girls	7-9 yrs old	8	5
50m Freestyle		Girls	7-9 yrs old	8	6
50m Freestyle	1005	Boys	10-12 yrs old	8	7
50m Freestyle		Boys	10-12 yrs old	8	8
50m Freestyle		Boys	10-12 yrs old	8	9
50m Freestyle	1020	Girls	10-12 yrs old	8	10
50m Freestyle		Girls	10-12 yrs old	8	11
50m Freestyle		Girls	10-12 yrs old	8	12
50m Freestyle	1040	Boys	13-16 yrs old	8	13
50m Freestyle		Boys	13-16 yrs old	8	14
50m Freestyle		Boys	13-16 yrs old	8	15
50m Freestyle	1055	Girls	13-16 yrs old	8	16
50m Freestyle		Girls	13-16 yrs old	8	17
50m Freestyle		Girls	13-16 yrs old	8	18
50m Breaststroke	1115	Boys	7-9 yrs old	8	19
50m Breaststroke		Boys	7-9 yrs old	8	20
50m Breaststroke		Boys	7-9 yrs old	8	21
50m Breaststroke	1130	Girls	7-9 yrs old	8	22
50m Breaststroke		Girls	7-9 yrs old	8	23
50m Breaststroke		Girls	7-9 yrs old	8	24
50m Breaststroke	1150	Boys	10-12 yrs old	8	25
50m Breaststroke		Boys	10-12 yrs old	8	26
50m Breaststroke		Boys	10-12 yrs old	8	27
50m Breaststroke	1205	Girls	10-12 yrs old	8	28
50m Breaststroke		Girls	10-12 yrs old	8	29
50m Breaststroke		Girls	10-12 yrs old	8	30
50m Breaststroke	1225	Boys	13-16 yrs old	8	31
50m Breaststroke		Boys	13-16 yrs old	8	32
50m Breaststroke		Boys	13-16 yrs old	8	33
50m Breaststroke	1240	Girls	13-16 yrs old	8	34
50m Breaststroke		Girls	13-16 yrs old	8	35
50m Breaststroke		Girls	13-16 yrs old	8	36



2 x 50m	1300	Mixed	Adult and Child	8 team	37
Mixed Relay				8 team	38
Prize presentation	1315hrs				