

**2025 PESTA SUKAN
BEACH WRESTLING & BEACH SAMBO CHAMPIONSHIP**

EVENT HANDBOOK



PESTA SUKAN

Organised by the Wrestling Federation of Singapore (WFS)

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The Wrestling Federation of Singapore (WFS) is pleased to be part of the GASG (Get Active! Singapore) Pesta Sukan, comprising 41 exciting and all-inclusive events, providing sporting opportunities for everyone!

In line with the movement objectives, WFS seeks to provide a platform for grappling enthusiasts and the public, to enjoy Wrestling and Sambo, enhance camaraderie, share knowledge, and raise standards, as part of our National Day celebrations.

1. Venue and date

The event will be held at: **YIO CHU KANG SWIMMING COMPLEX, BEACH VOLLEYBALL COURTS. 202 Ang Mo Kio Ave 9, Singapore 569771**, from Friday **1st August** to Monday **4th August 2025**.

2. Eligibility

Participants **MUST** be Singapore citizens, Permanent Residents, or Non-Citizen Residents on valid passes (MOM / MOE passes).

3. Approval of the Event Handbook

The contents of this handbook have been approved by the WFS Executive Board, in consultation with SportSG, on Tuesday 21st April 2025. Moving forward, revisions and addendums shall be circulated via e-mail, social media platforms and/or through WhatsApp.

4. Divisions and categories contested

A total of 15 divisions including a gender neutral 13U differently abled division, and 3 masters (46 years and older) divisions will be contested, along with a mixed-team event (2M + 1F per team) for 10, 13, 17 and adult divisions). Categories for all divisions can be view on the registration site ([Pesta Sukan-Sports](#)).

5. National Coaching & Technical Secretariat workshop

In line with our current infrastructure development plan, we will be conducting a workshop for enthusiasts and the public who are keen to actively contribute to WFS events. The details of the workshop will be posted separately.

6. Competition Protocols and Regulations

The event will be held in accordance with modified FIAS and UWW competition regulations. Competitors for both Beach Sambo and Beach Wrestling shall start in the standing position.

- 6.1 An immediate WIN will be awarded when any part of the opponent's body (other than feet and/or hands) touches the ground, resulting from an executed action, or from 3 consecutive penalties.
- 6.2 Penalties will be awarded for dangerous actions, and stalling (non-combativity).
- 6.3 At the end of the match, the presiding referees and judge will decide on the winner.
- 6.4 The referee's decision is FINAL, appeals will not be entertained.
- 6.5 Team events shall be decided by cumulative wins.

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Referees and Officials shall be assigned by the Event Director, in consultation with the WFS Technical Commission. Only National ITOs approved by the Event Director, shall be permitted to officiate.

The event shall be contested in the elimination format, and quarter final “repechage” (last 8) to decide the bronze medal recipients.

7. Competition fee & Registration instructions

Registration and payment shall be through the WFS online via the online link appended below

Clubs will be required to also submit manual forms comprising:

- Checklist
- Participants’ details
- Officials (including course)

Entry deadline is 1200h Friday 27 July 2025, incomplete entries will be automatically rejected.

8. Event Schedule

Thu 31st Jul: Coaching course.

Fri 1st Aug: Coaching course / Technical course (competition management)
Managers meeting and match fixtures. Accreditation & Official weigh-in (All divisions)

Sat 2nd Aug: Preliminaries and Medal matches (Divisions to be confirmed)
Opening ceremony

Sun 3rd Aug: Preliminaries and Medal Matches (Divisions to be confirmed)
Team events & Medal Matches

9. Medical coverage and waiver

Immediate First Aid (medical care) will be available at the competition venue (Medics and ambulances). Participants requiring further medical attention will be transported to the nearest medical facility (at participant’s cost). All participants must have personal medical insurance, and third-party liability coverage. The organiser, officials and volunteers **will not be held liable** for any incident or personal loss related to the event.

All participants must complete the online Pesta Sukan Indemnity form (Link below)

10. Awards and Ceremony

Up to four (4) medals shall be awarded for each category (Gold, Silver and two (2) bronzes). Participants must win at least 1 match to receive a medal. Sambo participants must be attired in Grappling top and shorts for award ceremony, wrestling participants must be in tee shirt and shorts.

11. Anti-Doping Policy

Not applicable for this event

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12. Accreditation

Accreditation will be done prior to weigh-in on Friday 1st August at the Yio Chu Kang Swimming Complex from 1730h to 2030h.

13. Marketing and Advertising

WFS will observe the rights of Pesta Sukan partners and sponsors, provided for by the relevant agreements. Broadcast rights for this event are exclusive to Wrestling Federation of Singapore, and Sport Singapore.

16. Any other matters

The organiser reserves the right to make changes or revisions to bring about the successful conclusion of this event. Any matters not covered in this handbook will be addressed by the organizing committee, whose decision shall be final.

Clarifications may be directed to: registration@singaporewrestling.com

IMPORTANT ON-LINE LINKS:

1. [Pesta Sukan registration and payment](#)
2. [Pesta Sukan Indemnity form](#) (Required)

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Annex A - Divisions and categories contested (Beach Wrestling and Beach Sambo)

Children				
No.	Division	Group	Discipline	Weight Cat
1	4 to 6 years old	Mixed	Beach Wrestling	18kg
2	4 to 6 years old	Mixed	Beach Wrestling	21kg
3	4 to 6 years old	Mixed	Beach Wrestling	24kg
4	4 to 6 years old	Mixed	Beach Wrestling	28kg
5	4 to 6 years old	Mixed	Beach Wrestling	33kg
6	7 to 10 years old	Mixed	Beach Wrestling	27kg
7	7 to 10 years old	Mixed	Beach Wrestling	30kg
8	7 to 10 years old	Mixed	Beach Wrestling	34kg
9	7 to 10 years old	Mixed	Beach Wrestling	38kg
10	7 to 10 years old	Mixed	Beach Wrestling	42kg
11	10 to 13 years old (DA)	Mixed	Beach Wrestling	38kg
12	10 to 13 years old (DA)	Mixed	Beach Wrestling	42kg
13	10 to 13 years old (DA)	Mixed	Beach Wrestling	46kg
14	10 to 13 years old (DA)	Mixed	Beach Wrestling	50kg
15	10 to 13 years old (DA)	Mixed	Beach Wrestling	54kg
16	11 to 13 years old	Male	Beach Wrestling	38kg
17	11 to 13 years old	Male	Beach Wrestling	42kg
18	11 to 13 years old	Male	Beach Wrestling	46kg
19	11 to 13 years old	Male	Beach Wrestling	50kg
20	11 to 13 years old	Male	Beach Wrestling	54kg
21	11 to 13 years old	Male	Beach Wrestling	59kg
22	11 to 13 years old	Female	Beach Wrestling	34kg
23	11 to 13 years old	Female	Beach Wrestling	38kg
24	11 to 13 years old	Female	Beach Wrestling	42kg
25	11 to 13 years old	Female	Beach Wrestling	46kg
26	11 to 13 years old	Female	Beach Wrestling	50kg
27	11 to 13 years old	Female	Beach Wrestling	55kg
Youth				
No.	Division	Group	Discipline	Weight Cat
28	14 to 17 years old	Male	Beach Wrestling	50kg
29	14 to 17 years old	Male	Beach Wrestling	54kg
30	14 to 17 years old	Male	Beach Wrestling	59kg
31	14 to 17 years old	Male	Beach Wrestling	65kg
32	14 to 17 years old	Male	Beach Wrestling	71kg
33	14 to 17 years old	Male	Beach Wrestling	79kg
34	14 to 17 years old	Female	Beach Wrestling	40kg
35	14 to 17 years old	Female	Beach Wrestling	43kg
36	14 to 17 years old	Female	Beach Wrestling	47kg
37	14 to 17 years old	Female	Beach Wrestling	51kg
38	14 to 17 years old	Female	Beach Wrestling	55kg
39	14 to 17 years old	Female	Beach Wrestling	59kg