



PESTA SUKAN JUDO CHAMPIONSHIPS 2025

COMPETITION INFORMATION AND REGULATIONS

(Cadet and Junior)

1. Event organizer

This event is organized by the SportSG / Singapore Judo Federation (SJF). We are also taking this opportunity to evaluate our infrastructural capabilities in preparation for the upcoming major competitions, and to identify potential athletes for regional participation and moving on the right track in our long-term development Judo plans.

Skill Development: Judo competitions help Youth display their techniques, improve their physical coordination, and enhance their understanding of the sport. **Learning to Handle**

Winning and Losing: Judo competitions offer a structured environment for Youth to experience both the joy of victory and the challenges of defeat, teaching them valuable life lessons about sportsmanship and resilience.

This championship is SJF Ranking and one of the qualifying events to represent Singapore. Clubs/Coaches/Teachers are strongly encouraged to support the young promising athletes to participate the coming Asian Youth Games (Cadet and Junior) Championship.

2. Competition Details

Date: (1st Day Competition
- Cadet & Junior)
Saturday, 2nd August 2025

Venue: Delta Sports Hall
900 Tiong Bahru Rd, Singapore
158790

3. Eligibility

Participants must meet the following criteria: Minimum grade of 5th Kyu (Yellow Belt).
Meet age requirements (Calendar Year).

Cadet:

a. **U18** - Boys and Girls must be 15 years old or above & under 18 years old.

Must be born between 2008 and 2010.

Junior:

a. **U21** - Men and Women must be 18 years old or above and under 21 years old.

Must be born between 2005 and 2007.

For Athletes below 19 years old, parental consent is compulsory

Registered with SJF or National Judo Federation (proof required).



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4. Competition regulations

The competition will be contested on 2 mat areas, in accordance with the 2024 International Judo Federation (IJF) Sports Rules and Regulations.

5. Judo Uniform

White uniform is compulsory (2024 IJF specifications).

6. System of contest

The matches will be contested in the 'League system' and/or the 'knock-out' system, with the quarterfinal (last 8) repechage and depending on the number of entries received.

- If there is only one (1) participant registered for the category, the organizer shall cancel the category.
- If there are two (2) athletes it will be the best of two (2) contests and if the wins are equal (1-1), a third contest will decide.

7. Contest times

Match duration for the respective divisions shall be:

- | | |
|--------------------------------|-----------|
| a. U18 - Cadet (Boys & Girls): | 4 minutes |
| b. U21 - Junior (Men & Women): | 4 minutes |

The International Judo Federation (IJF) scoring system will apply. In the event of a draw, the Golden Score rule will apply, and the match will continue until one winner is declared.

- **U18 Category:**
Both Shime-Waza (Chokes) and Kansetsu-Waza (Arm Locks) **are not allowed**.
- **U21 Category:**
Shime-Waza (Chokes) **is allowed** while Kansetsu-Waza (Arm Locks) **is not allowed**.

8. Participation Fees for Pesta Sukan competition

- Participant fees: SGD \$10.00 per participant

SJF - Note for Payment Mode:

1. Cheque only. All cheque payment to be made in favour of "Singapore Judo Federation."
2. Payment by fund transfer to **Standard Chartered Bank account number: 12-0-830381-0**
(Kindly provide transaction details and screenshot the receipt to SJF email)
3. Payment via **PayNow by UEN: S65SS0037A**
(Kindly provide transaction details and screenshot the receipt to SJF email)
4. Please email the payment confirmation and amount to Treasurer@sjf.sg and singaporejudofederation@gmail.com and sjfcompetition@gmail.com

- Please indicate a payment code: "PSJC25 - Club Name (e.g. Club name - SJC or NUS)
Payment to be made before the start of the competition **by July 14th, 2025**.



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9. Age limit and waiver

- Clubs / Schools must ensure participants meet the age requirements.
- Participation waiver / indemnity shall be the responsibility of the clubs / schools.
- Participants are advised to have insurance coverage (including 3rd party liability).
- SJF shall not be responsible for incidents arising from this event.

10. Registration and Payment

- No limit of number per category.
- An athlete may only be registered in (1) division. / category
- Individual entries will not be accepted.
- Club Representatives are to email the entry form only.
- Registration closes at **2200hrs on 6th July 2025 (Sunday).**
- No refunds will be entertained due to cancellation or withdraw from club/school.
- Draw of bouts will be **18th July 2025 (Friday) 2000hrs at SJF office.**
- Submitting of the relevant documents will be handled via emails, no hardcopy is needed

11. Championship schedule (tentative)

Activity	Timing
Registration + Weigh-in	0830 - 0900
Warm-up	0915- 0930
Competition Commences	1000 - 1800
Medal Presentation	1800 - 1830

12. Weigh in

Weigh in will be held at the venue indicated in the schedule, current IJF regulations will apply. No allowance will be given.

- a. Females are to be in shorts and round neck T-shirts
- b. Males are to wear only shorts

Participants who are not present at call time will be disqualified.

*Players who are underweight or overweight will be automatically disqualified from his or her event.

Coaches and managers must be attired in collared tees/shirt, slacks and covered shoes to accompany their athlete at the mat (for matches).



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13. Prizes and awards

There will be 3 or 4 medals for each individual category: 1st, 2nd and 3rd or joint 3rd will be awarded. Athletes must attend the medal ceremony with their white judo uniform.

14. Medical Coverage

Immediate first aid will be provided on site. An ambulance will be available to transport athletes requiring further attention to the nearest medical facility (treatment at own cost).

15. Divisions and Weight Categories

Categories	Boys U18 Cadet	Men U21 Junior
Feather	50 kg and under	55 kg and under
Extra Light	55 kg and under	60 kg and under
Half-Light	60 kg and under	66 kg and under
Light	66 kg and under	73 kg and under
Half-Middle	73 kg and under	81 kg and under
Middle	81 kg and under	90 kg and under
Half-Heavy	90 kg and under	100 kg and under
Heavy	Over 90 kg	Over 100 kg

Categories	Girls U18 Cadet	Women U21 Junior
Feather	40 kg and under	44 kg and under
Extra Light	44 kg and under	48 kg and under
Half-Light	48 kg and under	52 kg and under
Light	52 kg and under	57kg and under
Half-Middle	57 kg and under	63 kg and under
Middle	63 kg and under	70 kg and under
Half-Heavy	70 kg and under	78 kg and under
Heavy	Over 70 kg	Over 78 kg



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16. Amendments & Addendums

The organizing committee reserves the rights to add, delete, or amend the championship instructions without notice, to ensure the safe and successful conclusion of the championship.

We look forward to your support and participation. See you at the championship.

Warmest Regards

Sports Director
Singapore Judo Federation



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Medals indent: Divisions and Weight Categories

Categories	Boys U18 / Men U21	G	S	B	B
Feather	-50kg / -55kg	1/1	1/1	1/1	1/1
Extra Light	-55kg / -60kg	1/1	1/1	1/1	1/1
Half-Light	-60kg / -66kg	1/1	1/1	1/1	1/1
Light	-66kg / -73kg	1/1	1/1	1/1	1/1
Half-Middle	-73kg / -81kg	1/1	1/1	1/1	1/1
Middle	-81kg / -90kg	1/1	1/1	1/1	1/1
Half-Heavy	-90kg / -100kg	1/1	1/1	1/1	1/1
Heavy	+90kg / +100kg	1/1	1/1	1/1	1/1
Total = 64		8/8	8/8	8/8	8/8

Categories	Girls U18 / Women U21	G	S	B	B
Feather	-40kg / -44kg	1/1	1/1	1/1	1/1
Extra Light	-44kg / -48kg	1/1	1/1	1/1	1/1
Half-Light	-48kg / -52kg	1/1	1/1	1/1	1/1
Light	-52kg / -57kg	1/1	1/1	1/1	1/1
Half-Middle	-57kg / -63kg	1/1	1/1	1/1	1/1
Middle	-63kg / -70kg	1/1	1/1	1/1	1/1
Half-Heavy	-70kg / -78kg	1/1	1/1	1/1	1/1
Heavy	+70kg / +78kg	1/1	1/1	1/1	1/1
Total = 64		8/8	8/8	8/8	8/8

Men - 64 medals G - 16 / S - 16 / B - 16 / B - 16
 Women - 64 medals G - 16 / S - 16 / B - 16 / B - 16

Medal Sample Description:

PESTA SUKAN
Judo Championships
Junior Categories
U21 -44kg
2nd Aug 2025