

PESTA SUKAN 2025
COMPETITION RULES & REGULATION – SWIMMING

Venue: WCH ARENA – Singapore Sports Hub

Date: 28 and 29 June 2025

1. Rules

- 1.1 Guided by the Rules and Regulations as directed by the Singapore Swimming Association (SAQ) and in accordance with the Rules and By-laws of World Aquatics (AQUA)
- 1.2 Governed by General Rules and Regulations.
- 1.3 Performance times achieved in the Competition can be used as Qualifying Entry Times for SAQ Long Course Competitions in 2026 e.g. SNAG 2026 & SNSC (LC) 2026.

2. Pesta Sukan 2024 Age Categories & Eligibility

- 2.1 Age is computed as of 31-Dec-2025

S/No	Age Group	Clarification
1	Youth 7 Yrs to 8 Yrs	Born between 2017 to 2018
2	Youth 9 Yrs to 10 Yrs	Born between 2015 to 2016
3	Youth 11 Yrs to 12 Yrs	Born between 2013 to 2014
4	Youth 13 Yrs to 14 Yrs	Born between 2011 to 2012
5	Youth 15 Yrs to 17 Yrs	Born between 2008 to 2010
6	Adult 18 Yrs to 29 Yrs	Born between 1996 to 2007
7	Masters 30 Yrs to 39 Yrs	Born between 1986 to 1995
8	Masters 40 Yrs to 49 Yrs	Born between 1976 to 1985
9	Masters 50 Yrs & Over	Born in 1975 or earlier

- 2.2 The Swim Teams can be from:
 - 2.2.1 Community Sports Clubs
 - 2.2.2 Swimming Clubs affiliated to SAQ
 - 2.2.3 Primary or Secondary School Swim Teams
 - 2.2.4 Swimming Teams from ITE, Polytechnics and Universities
 - 2.3.5 Swimming Schools run by swimming instructors
 - 2.3.6 Group of swimmers forming their own Swim Teams
- 2.3 Singapore Citizen, Permanent Residents and Foreigners residing in Singapore are eligible to participate.

3. Pesta Sukan 2025 Registration

3.1 Registration Procedure for Participants from SAQ Affiliates

Participants from SAQ Affiliates must register with their swim club / school (SAQ Affiliates) using Hy-tek Team Manager Software. Submission of Hytek Team Manager Entries to swim.entries@sgaquatics.org.sg by **Friday 6th June 12.00pm.**

Affiliates will be invoiced by Singapore Aquatics (SAQ) for the participation fees of swimmers competing under their affiliation.

3.2 Registration Procedure for Non - SAQ Affiliates or “Unattached” swimmers

Swimmers who are not affiliated with any SAQ-Affiliates or are competing as “Unattached” may submit their entries using the manual Excel registration form, <https://www.activesgcircle.gov.sg/getactive-singapore/pesta-sukan/sport/swimming>. Payment for entry fees must be made directly to Singapore Aquatics (SAQ) as per the instructions provided in the form.

4. Pesta Sukan 2025 Events & Schedule

4.1 Event Schedules at Pesta Sukan Swimming 2025

Saturday, 28th June 2025 9.00am

101	Girls	100m Backstroke	7 - 12 years old
102	Boys	100m Backstroke	7 - 12 years old
103	Boys	100m Breaststroke	7 - 12 years old
104	Girls	100m Breaststroke	7 - 12 years old
105	Boys	50m Freestyle	7 - 12 years old
106	Girls	50m Freestyle	7 - 12 years old
107	Boys	50m Butterfly	7 - 12 years old
108	Girls	50m Butterfly	7 - 12 years old
109	Boys	4 x 50m Free Relay	7 - 8 years old 9- 10 years old
110	Girls	4 x 50m Free Relay	7 - 8 years old 9- 10 years old

Saturday, 28th June 2025 3.00pm

201	Girls	100m Backstroke	13 years old and over
202	Boys	100m Backstroke	13 years old and over
203	Boys	100m Breaststroke	13 years old and over
204	Girls	100m Breaststroke	13 years old and over
205	Boys	50m Freestyle	13 years old and over
206	Girls	50m Freestyle	13 years old and over
207	Boys	50m Butterfly	13 years old and over
208	Girls	50m Butterfly	13 years old and over
209	Men	4 x 50m Free Relay	13 - 14 years old 15 - 17 years old
210	Women	4 x 50m Free Relay	13 - 14 years old 15 - 17 years old

Sunday, 29th June 2025 9.00am

301	Girls	50m Backstroke	7 - 12 years old
302	Boys	50m Backstroke	7 - 12 years old
303	Boys	50m Breaststroke	7 - 12 years old
304	Girls	50m Breaststroke	7 - 12 years old
305	Boys	100m Freestyle	7 - 12 years old
306	Girls	100m Freestyle	7 - 12 years old
307	Boys	100m Butterfly	7 - 12 years old
308	Girls	100m Butterfly	7 - 12 years old
309	Boys	4 x 50m Free Relay	11 – 12 years old
310	Girls	4 x 50m Free Relay	11 – 12 years old

Sunday, 29th June 2025 3.00pm

401	Girls	50m Backstroke	13 years old and over
402	Boys	50m Backstroke	13 years old and over
403	Boys	50m Breaststroke	13 years old and over
404	Girls	50m Breaststroke	13 years old and over
405	Boys	100m Freestyle	13 years old and over
406	Girls	100m Freestyle	13 years old and over
407	Boys	100m Butterfly	13 years old and over
408	Girls	100m Butterfly	13 years old and over
409	Boys	4 x 50m Free Relay	18 - 29 years old Masters 120-159 years old Masters 160-199 years Masters 200 – 239 years
410	Girls	4 x 50m Free Relay	18 - 29 years old Masters 120-159 years old Masters 160-199 years Masters 200 – 239 years

*Masters Relays to be conducted based on the the total age of team members in whole years.
Minimum Age of youngest swimmer in masters relay is 25 years old*

4.2 Events Programme:

Events	Youth					Adults	Masters		
	7-8yrs	9 - 10 yrs	11 - 12yrs	13 - 14 yrs	15 - 17 yrs	18 - 29 yrs	30-39 yrs	40 - 49 yrs	50 yrs & Over
50m Freestyle	✓	✓	✓	✓	✓	✓	✓	✓	✓
100m Freestyle	✓	✓	✓	✓	✓	✓	✓	✓	✓
50m Breaststroke	✓	✓	✓	✓	✓	✓	✓	✓	✓
100m Breaststroke	✓	✓	✓	✓	✓	✓	✓	✓	✓
50m Backstroke	✓	✓	✓	✓	✓	✓	✓	✓	✓
100m Backstroke	✓	✓	✓	✓	✓	✓	✓	✓	✓
50m Butterfly	✓	✓	✓	✓	✓	✓	✓	✓	✓
100m Butterfly	✓	✓	✓	✓	✓	✓	✓	✓	✓

5. Competition Format

- 5.1 The Pesta Sukan Swimming will be run in a timed finals format in 10 Lanes Pool setup from fastest to slowest
- 5.2 Competitors (regardless of age) shall be placed in graduated time order, fastest to slowest in 10-lane pool based on the following age groups:

Seeding Order for the respective events		
Youth	7 to 12 yrs old	Fastest to Slowest in the respective age-groups
Youth	13 to 17 yrs old	
Adults & Masters	18 years and over	

6. Entries & Fees

6.1 The closing date for making payment via registration portal is Friday 6th June

6.2 Entry Fees for Individual Events:

- Youth: \$15.00 per swimmer (inc of 9% GST)
- Adults & Masters: \$20.00 per swimmer (inc of 9% GST)
- Participants are allowed to take part up to **Maximum of Three (3) Individual Events** in his/her Age Category

7. Relay Events

7.1 SAQ Affiliates:

- Relay teams representing SAQ affiliates must be submitted by the respective clubs. Each SAQ affiliate may register **up to four (4) relay teams per club per gender per age category.**

7.2 Unattached Swimmers:

- Swimmers who are not affiliated with any SAQ club may form relay teams with other unattached swimmers **within the same age group.** Once a team of four swimmers is confirmed, a request for relay entry must be submitted via email to swim.entries@sqaquatics.org.sg.

7.3 Eligibility Criteria:

- All relay swimmers must be entered in at least one **(1) individual event.**
- Full payment for all individuals must be completed prior to relay team confirmation.

7.4 Club Representation:

- Swimmers must compete in relays **only under their originally registered club or unattached status.**
- Mixed teams comprising swimmers from different clubs or a combination of unattached and club swimmers **are not permitted.**

7.5 Age Groups:

S/No	Relay Age Group Categories	Remarks
1	Youth 7 – 8 Yrs Old	
2	Youth 9 – 10 Yrs Old	
3	Youth 11 – 12 Yrs Old	
4	Youth 13 – 14 Yrs Old	
5	Youth 15 Yrs to 17 Yrs	
6	Adult 18 Yrs to 29 Yrs	
Age groups of Masters relay events are as follows:		
7	Masters 120-159 years	Masters Relays to be conducted on the total age of team members in whole years. Minimum Age of youngest swimmer in masters relay is 25 years old
8	Masters 160-199 years	
9	Masters 200 – 239 years	

- 7.6 Swimmers may “swim up” in older age group categories for relay events (for all youth + adult categories)
- 7.7 For Adult 18 Yrs to 29 Yrs relay categories, swimmer above 29 years old may “swim down” to compete in the adult category if the total age of relay team members do not add up to 120 years (minimum age of masters relays)

8. Viability of Events

- 8.1 Individual Events:
- For an event to be viable there must be a minimum of 4 Registered Swimmers. However, if there are only 3 or 2 Registered Swimmers, the event will proceed with a minus one rule for the award of medals.

9. Awarding of Medals

- 9.1 If there is a tie in any of the top 3 positions, the medals will be awarded, in accordance with AQUA General Rule GR 9.7.2.1 and GR 9.7.2.2 as follows:
- 9.1.1 In the case of two (2) equal times:
- For 1st position: 2 Golds, no Silver, 1 Bronze
 - For 2nd position: 1 Gold, 2 Silvers, no Bronze
 - For 3rd position: 1 Gold, 1 Silver, 2 Bronzes
- 9.1.2 In the case of three (3) equal times:
- For 1st position: 3 Golds, no Silver, 1 Bronze
 - For 2nd position: 1 Gold, 3 Silvers, no Bronze
 - For 3rd position: 1 Gold, 1 Silver, 3 Bronzes

10. DNS and Withdrawals for Pesta Sukan Swimming 2025

- 10.1 During competition, any swimmer who fails to report for the event will be considered as Did Not Show (DNS). A swimmer, having entered the venue, is also considered as DNS if he/she fails to be at the Starting Block.

11. Swimwear

- 11.1 The Championship will be conducted in accordance to AQUA's Rules:
- BL 8.2: In swimming competitions, the competitor must wear only one swimsuit in one or two pieces. No additional items, like arm bands or leg bands shall be regarded as part of a swimsuit.
- BL 8.3: From January 1, 2010 swimwear for men shall not extend above the navel nor below the knee, and for women, shall not cover the neck, extend past the shoulder, nor extend below the knee. All swimsuits shall be made from textile materials.

Male

Female



12. Disqualification

- 12.1 The Competition will use the One Start Rule. Any swimmer who starts before the starting signal shall be disqualified. If the race has started before the disqualification is declared, the race shall continue, and the swimmer(s) shall be disqualified upon completion of the race.

13. Protest

- 13.1 Protests are possible:
- if the rules and regulations for the conduct of the competition are not observed,
 - if other conditions endanger the competitions and/or competitors, or
 - against decisions of the referee; however, no protest shall be allowed against decisions of fact.
- 13.2 All protests shall be considered by the Meet Referee.
- 13.3 If conditions causing a potential protest are noted prior to the competition, a protest must be lodged before the signal to start the race is given.
- 13.4 Protests must be submitted in accordance with the following:
- In writing, with the supporting facts
 - With a deposit of **S\$100.00** enclosed

- c. Submitted to the Meet Referee by Affiliate Team Leader. No proxies will be entertained
 - d. Submitted within thirty (30) minutes following the conclusion of the respective event
- 13.5 If the Meet Referee rejects the protest, he/she must state the reasons for his decision. The Team Leader may then appeal the rejection to the Jury of Appeal, whose decision shall be final.
- 13.6 If the protest is not upheld, the deposit shall be forfeited
- 13.7 The Organiser's decision to any protest shall be final.

14. Rules & Regulations

- 14.1 The Rules and Regulations as depicted above are current at the time of printing or posting on Pesta Sukan 2025 website. The Organiser reserves the right to add, delete and/or vary the said rules and regulations at any time as it deems fit.
- 14.2 Any amendments to the Rules & Regulations will be posted on Pesta Sukan 2025 website.

15. Team Leaders Meeting / Briefing

- 15.1 Team Leaders Meeting / Briefing will be conducted online via Zoom on Monday, 23 June 2.00pm
- 15.2 Swim Coaches who wish to apply for an accreditation pass to be on deck during Pesta Sukan must be an NROC Member.
Clubs / Schools are required to send in the names of their coaches and team managers (min age of 18 years old based on DOB) with their entry files to secure a pass.

16. Others (for Members of SAQ Affiliates)

For participants who registered for the Pesta Sukan Competition as the members of SAQ Affiliates, the performance times achieved at the Pesta Sukan can be used for consideration to qualify for future local / national meets and will be uploaded onto the SAQ sanctioned database for ranking purposes. These participants must also pay the 2025 SAQ Annual Swimmer Registration Fee via the platform by 20th June 2025.

Participants who do not have an existing account can register for their profile here: <https://ssa.swim-community.net/>

If the 2025 Annual Registration Fee has been paid via the platform, please do let us know.

Participants who competed at Pesta Sukan as unattached (or not as a member of any SAQ affiliates) will not have their results uploaded onto the SAQ sanctioned database