

PESTA SUKAN 2023
COMPETITION RULES & REGULATION – SWIMMING (V3)

1. Rules

- 1.1 Guided by the Rules and Regulations as directed by the Singapore Swimming Association (SSA) and in accordance with the Rules and By-laws of World Aquatics (AQUA) and World Para Swimming (WPS) Swimming Rules and Regulations, where applicable.
- 1.2 Governed by General Rules and Regulations.
- 1.3 Performance times achieved in the Competition can be used as Qualifying Entry Times for SSA Long Course Competitions in 2024 e.g. SNAG 2024 & SNSC (LC) 2024.

2. Pesta Sukan 2023 Age Categories & Eligibility

- 2.1 Age is computed as of 31-Dec-2023

S/No	Age Group	Clarification
1	Youth 7 Yrs to 8 Yrs	Born between 2015 to 2016
2	Youth 9 Yrs to 10 Yrs	Born between 2013 to 2014
3	Youth 11 Yrs to 12 Yrs	Born between 2011 to 2012
4	Youth 13 Yrs to 14 Yrs	Born between 2009 to 2010
5	Youth 15 Yrs to 17 Yrs	Born between 2006 to 2008
6	Adult 18 Yrs to 29 Yrs	Born between 1994 to 2005
7	Masters 30 Yrs to 39 Yrs	Born between 1984 to 1993
8	Masters 40 Yrs to 49 Yrs	Born between 1974 to 1983
9	Masters 50 Yrs & Over	Born in 1973 or earlier
10	Para 7 Yrs & Over	Born 2016 or earlier

- 2.2 The Swim Teams can be from:
 - 2.2.1 Community Sports Clubs
 - 2.2.2 Swimming Clubs affiliated to SSA
 - 2.2.3 Primary or Secondary School Swim Teams
 - 2.2.4 Swimming Teams from ITE, Polytechnics and Universities
 - 2.3.5 Swimming Schools run by swimming instructors
 - 2.3.6 Group of swimmers forming their own Swim Teams
- 2.3 Singapore Citizen, Permanent Residents and Foreigners residing in Singapore are eligible to participate.

3 Pesta Sukan 2023 Age Categories & Eligibility

- 3.11 Registration Procedure for Participants from SSA Affiliates

Participants from SSA Affiliates must register with their swim club / school (SSA Affiliates) using Hy-tek Team Manager Software. Submission of Hytek Team Manager Entries to admin5@swimming.org.sg by **Thursday, 13th July 2023**

All Participants are required to make the payment for the entry fee individually at the links below **by 23 July 2023**. Registration with ActiveSG membership is mandatory to complete the payment transaction

Swimming: <https://www.activesgcircle.gov.sg/getactive-singapore/pesta-sukan/sports>

Para Swimming: https://www.activesgcircle.gov.sg/getactive-singapore/pesta-sukan/sports?tab=para_sports

3.12 Registration Procedure for Non - SSA Affiliates or “Unattached” swimmers

For swimmers from Non - SSA Affiliates or “Unattached” swimmers, they can register and make payment via the portal link below:

Swimming: <https://www.activesgcircle.gov.sg/getactive-singapore/pesta-sukan/sports>

Para Swimming: https://www.activesgcircle.gov.sg/getactive-singapore/pesta-sukan/sports?tab=para_sports

3.13 Each Affiliate / School is allowed to enter **more than one relay team** (4x50m free & 4x50m Medley) based on the age groups indicated in 3.1.5 and submission of relay entries to SSA via Hytek Software/

3.14

S/No	Relay Age Group Categories	Remarks
1	Youth 7 – 8 Yrs Old	
2	Youth 9 – 10 Yrs Old	
3	Youth 11 – 12 Yrs Old	
4	Youth 13 – 14 Yrs Old	
5	Youth 15 Yrs to 17 Yrs	
6	Adult 18 Yrs to 29 Yrs	
Age groups of Masters relay events are as follows		
7	Masters 120-159 years	Masters Relays to be conducted on the total age of team members in whole years. Minimum Age of youngest swimmer in masters relay is 25 years old
8	Masters 160-199 years	
9	Masters 200 – 239 years	

3.15 Swimmers may “swim up” in older age group categories for relay events (for all youth + adult categories)

3.16 For Adult 18 Yrs to 29 Yrs relay categories, swimmer above 29 years old may “swim down” to compete in the adult category if the total age of relay team members do not add up to 120 years (minimum age of masters relays)

4. Pesta Sukan 2023 Events & Schedule

4.1 Events Programme:

Events	Youth					Adults	Masters		
	7-8yrs	9 - 10 yrs	11 - 12yrs	13 - 14 yrs	15 - 17 yrs	18 - 29 yrs	30-39 yrs	40 - 49 yrs	50 yrs & Over
50m Freestyle	✓	✓	✓	✓	✓	✓	✓	✓	✓
100m Freestyle	✓	✓	✓	✓	✓	✓	✓	✓	✓
200m Freestyle	NA	✓	✓	✓	✓	✓	✓	✓	✓
50m Breaststroke	✓	✓	✓	✓	✓	✓	✓	✓	✓
100m Breaststroke	✓	✓	✓	✓	✓	✓	✓	✓	✓
50m Backstroke	✓	✓	✓	✓	✓	✓	✓	✓	✓
100m Backstroke	✓	✓	✓	✓	✓	✓	✓	✓	✓
50m Butterfly	✓	✓	✓	✓	✓	✓	✓	✓	✓
100m Butterfly	✓	✓	✓	✓	✓	✓	✓	✓	✓
200m Individual Medley	NA	✓	✓	✓	✓	✓	✓	✓	✓
4 x 50m Freestyle Relay	✓	✓	✓	✓	✓	✓	✓	✓	✓
4 x 50m Medley Relay	✓	✓	✓	✓	✓	✓	✓	✓	✓

4.2 Event Schedules at Pesta Sukan Swimming 2023

4th August, Friday, 4.30pm		5th August, Saturday, 9.00am		6th August, Sunday, 9.00am	
50m Freestyle	7 - 12 yrs old	50m Butterfly	7 - 12 yrs old	50m Backstroke	7 - 12 yrs old
100m Butterfly	7 yrs old and over	100m Backstroke	7 - 12 yrs old	50m Breaststroke	7 - 12 yrs old
100m Backstroke	Para Event – 7yrs & over	100m Breaststroke	7 - 12 yrs old	200m Freestyle	9 - 12 yrs old
100m Butterfly	Para Event – 7yrs & over	100m Freestyle	7 - 12 yrs old	4 x 50m Free Relay	7 - 12 yrs old
200m Individual Medley	9 years and over	4 x 50m Medley Relay	7 - 12 yrs old		
		50m Backstroke	13 yrs & Over	50m Freestyle	13 yrs & Over
		50m Backstroke	Para Event – 7yrs & over	50m Freestyle	Para Event – 7yrs & over
		50m Butterfly	13 yrs & Over	50m Breaststroke	13 yrs & Over
		100m Breaststroke	13 yrs & Over	50m Breaststroke	Para Event – 7yrs & over
		100m Breaststroke	Para Event – 7yrs & over	100m Backstroke	13 yrs & Over
		100m Freestyle	13 yrs & Over	200m Freestyle	13 yrs & Over
		100m Freestyle	Para Event – 7yrs & over	50m Butterfly	Para Event – 7yrs & over
		4 x 50m Medley Relay	13 yrs & Over	4 x 50m Free Relay	13 yrs & Over

5. Competition Format

5.1 The Pesta Sukan Swimming will be run in a timed finals format in 10 Lanes Pool setup from fastest to slowest

5.2 Competitors (regardless of age) shall be placed in graduated time order, fastest to slowest in 10-lane pool based on the following age groups:

Seeding Order for the respective events		
Youth	7 to 12 yrs old	Fastest to Slowest in the respective age-groups
Youth	13 to 17 yrs old	
Adults & Masters	18 years and over	

6. An Inclusive Pesta Sukan 2023

6.1.1 Pesta Sukan 2023 Swimming Competition will include Para Swimmers participation in:
Pesta Sukan 2023 Events (50 and 100m for all 4 strokes)

6.1.2 Para Swimmers will follow WPS Sports Classes:

- S1 – S10 = Physical Impairments
- S11 – S13 = Visual Impairments
- S14 = Intellectual Impairments
- S15 = Hearing Impairments
- S18 = Significant Other Impairment
- S19 = High Functioning Autism

6.2 Para Swimmers will have their own ranking results and medals based on Multi-Class Point System. The Australian Point System will be used.

6.3 Para Swimmers will swim in their special Para Events

7. Entries & Fees

7.1 The closing date for making payment via registration portal is **Sunday 23th July 2023**

7.2 Entry Fees for Individual Events:

- Youth: \$15.00 per swimmer
- Adults & Masters: \$20.00 per swimmer
- Para Swimmers: \$10.00 per swimmer
- Participants are allowed to take part up to Maximum of Five (5) Individual Events in his/her Age Category

7.3 Relay Entries:

- Each club / team / SSA affiliate are only allowed to submit more than 1 relay team in the respective relay categories (3.1.5) using Hy-tek Team Manager Software. Submission of Hytek Team Manager Entries to admin5@swimming.org.sg
- Members of public (registered swimmers with individual events in Pesta Sukan) can form up their own relay teams and email in the details of the 4 relay swimmers to admin5@swimming.org.sg
- Only registered swimmers with individual events in Pesta Sukan are allowed to compete in the relay events
- There will be no additional Entry Fee for Relay Events if the above conditions are fulfilled.

8 Viability of Events

8.1 Individual Events:

- 8.1.1 For an event to be viable there must be a minimum of **4 Registered Swimmers**. However, if there are only 3 or 2 Registered Swimmers, the event will proceed with a minus one rule for the award of medals.

9. Awarding of Medals

- 9.1 If there is a tie in any of the top 3 positions, the medals will be awarded, in accordance with AQUA General Rule GR 9.7.2.1 and GR 9.7.2.2 as follows:

9.1.1 In the case of two (2) equal times:

- For 1st position: 2 Golds, no Silver, 1 Bronze
- For 2nd position: 1 Gold, 2 Silvers, no Bronze
- For 3rd position: 1 Gold, 1 Silver, 2 Bronzes

9.1.2 In the case of three (3) equal times:

- For 1st position: 3 Golds, no Silver, 1 Bronze
- For 2nd position: 1 Gold, 3 Silvers, no Bronze
- For 3rd position: 1 Gold, 1 Silver, 3 Bronzes

10. DNS and Withdrawals for Pesta Sukan Swimming 2023

- 10.1 During competition, any swimmer who fails to report for the event will be considered as Did Not Show (DNS). A swimmer, having entered the venue, is also considered as DNS if he/she fails to be at the Starting Block.

11. Swimwear

11.1 The Championship will be conducted in accordance to AQUA's Rules:

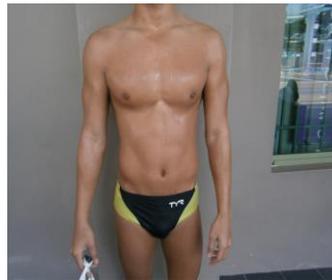
- BL 8.2: In swimming competitions, the competitor must wear only one swimsuit in one or two pieces. No additional items, like arm bands or leg bands shall be regarded as part of a swimsuit.
- BL 8.3: From January 1, 2010 swimwear for men shall not extend above the navel nor below the knee, and for women, shall not cover the neck, extend past the shoulder, nor extend below the knee. All swimsuits shall be made from textile materials.



Male



Female



12. Disqualification

12.1 The Competition will use the One Start Rule. Any swimmer who starts before the starting signal shall be disqualified. If the race has started before the disqualification is declared, the race shall continue, and the swimmer(s) shall be disqualified upon completion of the race.

13. Protest

13.1 Protests are possible:

- a. if the rules and regulations for the conduct of the competition are not observed,
- b. if other conditions endanger the competitions and/or competitors, or
- c. against decisions of the referee; however, no protest shall be allowed against decisions of fact.

- 13.2 All protests shall be considered by the Meet Referee.
- 13.3 If conditions causing a potential protest are noted prior to the competition, a protest must be lodged before the signal to start the race is given.
- 13.4 Protests must be submitted in accordance with the following:
- a. In writing, with the supporting facts
 - b. With a deposit of **S\$100.00** enclosed
 - c. Submitted to the Meet Referee by Affiliate Team Leader. No proxies will be entertained
 - d. Submitted within thirty (30) minutes following the conclusion of the respective event
- 13.5 If the Meet Referee rejects the protest, he/she must state the reasons for his decision. The Team Leader may then appeal the rejection to the Jury of Appeal, whose decision shall be final.
- 13.6 If the protest is not upheld, the deposit shall be forfeited
- 13.7 The Organiser's decision to any protest shall be final.

14 Rules & Regulations

- 14.1 The Rules and Regulations as depicted above are current at the time of printing or posting on Pesta Sukan 2023 website. The Organiser reserves the right to add, delete and/or vary the said rules and regulations at any time as it deems fit.
- 14.2 Any amendments to the Rules & Regulations will be posted on Pesta Sukan 2023 website.
- 14.3 Any registered team that does something that causes a disqualification of the entire team during the Competition shall be fined SGD 200.00

15. Team Leaders Meeting / Briefing

- 15.1 Team Leaders Meeting / Briefing will be conducted online via Zoom on 1st August, 2023 11.00am. Zoom meeting link will be provided on a later date.
- 15.2 Swim Coaches who wish to apply for an accreditation pass to be on deck during Pesta Sukan must be an NROC Member.
Clubs / Schools are required to send in the names of their coaches and team managers (min age of 18 years old based on DOB) with their entry files to secure a pass.

16. **Others (for Members of SSA Affiliates)**

For participants who registered for the Pesta Sukan Competition as the members of SSA Affiliates, the performance times achieved at the Pesta Sukan can be used for consideration to qualify for future local / national meets and will be uploaded onto the SSA sanctioned database for ranking purposes. These participants must also pay the 2023 SSA Annual Swimmer Registration Fee via the SSA Affiliate by 31st August 2023

Participants who competed at Pesta Sukan as unattached (or not as a member of any SSA affiliates) will not have their results uploaded onto the SSA sanctioned database.